

Attention Teachers and Parents
Discover how to switch on your brain and
have fun at the same time with

Double Doodle Play

Presenter



Julie Gunstone

Julie has been an Educational Kinesiologist for the past twenty years. She has a practice in Melbourne. As a member of Faculty for the International

Educational Kinesiology Foundation, Julie teaches in Australia and overseas, the various courses for people wishing to become professionally qualified as Brain Gym Consultants/Instructors.

"Double Doodle Play has opened up my artistic vision, its simple techniques bring a whole new meaning to the Brain Gym activity of Double Doodle."

Julie Gunstone

- Open up your creativity.
- Have fun for yourself while learning ways to assist children in the classroom and your children at home to improve their focus, sustain attention for reading, writing and maths.
- Double Doodle Play is an enjoyable, kinesthetic experience of art, expanding on the Double Doodle exercise from Brain Gym®.
- Double Doodle Play helps to integrate both sides of the brain.
- Experiment with different mediums — crayons, pastels, watercolour pencils and paints — as you explore a variety of ways to draw with two hands simultaneously.

People experiencing Double Doodle Play have noticed:

- Improved focus and concentration
- Ability to read longer and comprehend easier
- Ability to listen and write at the same time.
- Improved spatial awareness and depth perception
- Improved visual skills

No Prerequisite: Open to everyone

Dates: June 20,21

Times: 9am – 4pm

Fee: \$330 Manual, all art materials, Morning Tea provided

Venue: 1 Dalwood Avenue Seaforth NSW 2092 Contact: Jane Bernstam Mobile: 0414 876 372

REGISTRATION FORM - DOUBLE DOODLE PLAY WORKSHOP SYDNEY 2009

Please book me places

Name:

Address:

..... Postcode

Phone: H W M

Email:

Total enclosed \$ (\$100 non refundable deposit will secure your place)

Cheques payable to The Thinking Body

Post to: c/o Jayne Bernstam Box 5, 313 Clovelly Road, Clovelly NSW 2031