

The Thinking Body

Move

Learn

Grow

EDU-K IN DEPTH COURSE

Seven Dimensions of Intelligence

Presenter Julie Gunstone



Julie has been an Educational Kinesiologist for the past twenty years. She has a practice, The Thinking Body, in Melbourne, Australia.

As a member of Faculty for the International Educational Kinesiology Foundation, Julie teaches in Australia and overseas, the various courses for people wishing to become professionally qualified as Brain Gym Consultants/Instructors.

In Australia, she takes Brain Gym into the classroom teaching both teachers and students how to use Brain Gym to improve learning readiness.

She has received awards from Brain Gym International, and The Australian Kinesiology Foundation for her contributions to Kinesiology. She is currently the Chairperson of International Faculty.

You can contact Julie by:-

Phone :03 8802 8089 or 0414 963 232

Email :thinkingbody@optusnet.com.au

This five-day training builds from Brain Gym 101 with a simple yet comprehensive approach that expands your skills as a practitioner. In the course you will:-

- **Explore** and transform learning difficulties and hidden agendas for failure.
- **Improve** communications, coordination, and organization within the brain and body.
- **Create** immediate and cumulative benefits for yourself and others.
- **Experience** a breakthrough in success and relationships.

EXPAND THE LEARNING MENU

Learn techniques in acupressure, movement re-education, vision training and emotional balancing a new set of movements and more to add to your tool kit.

MOVE FROM 3 TO 7 DIMENSIONS

Increase your understanding of **Laterality, Centering and Focus Dimensions** and add **FOUR** new dimensions of brain/body integration:

- Motivation** - the relationship of motivation and language acquisition. Hidden agendas for failure.
- Rhythm** - the understanding of cranial movement and its relationship to learning and expression.
- Inspiration** - change the breath-holding reflex to breathing that supports learning and growing.
- Self-Management** - know what to keep and what to let go of physically, mentally, emotionally.

Prerequisite: Brain Gym 101 course and completion of the Brain Gym Case Studies

DATES: 2,9,16,24,25,SEPTEMBER

TIMES: 9am – 5pm

FEES: \$880 Full Fee/ \$480 if reviewing. GST included in fee.

Full fee includes manual and workbook.

LOCATION: Balwyn

Book your place by sending a deposit today.

Registration form overleaf.

Training in Brain Gym®/Edu-K

There are a number of courses in the Brain Gym® /Edu-K program that allow you to gain more understanding of the work. Training is available to become an accredited Brain Gym® Instructor and Consultant. The Brain Gym® program is fully accredited with the Australian Kinesiology Association and Brain Gym® International

It just takes 4 steps to complete.

1. **Complete Brain Gym 101 twice and case studies .**
2. **Complete 3 courses:**
 1. **Optimal Brain Organisation** (a required course)
 2. **Kinesiology based Anatomy and Physiology Course – Touch for Health** is one option that is readily available in Australia. Touch for Health 1 is a minimum requirement. Touch for Health 2 to 4 are recommended but not required.
 3. **Edu-K Foundation course - Visioncircles** is one option that is readily available in Australia.
3. **Complete the Edu-K In Depth course and BG 101 case studies**
4. **Complete the Brain Gym® Teacher Practicum**

REGISTRATION FORM EDU-K IN DEPTH

Please find enclosed a \$100 deposit or full payment of \$880 \$480 Review Fee

Please book me a place in the EDU-K IN DEPTH course on 2,9,16,24 SEPTEMBER

Name:

Address:

..... Postcode

Phone: H W M

Email:

If Reviewing please supply copy of attendance certificate for the EDU-K IN DEPTH course you attended.

Total enclosed \$..... (\$100 deposit will secure your place. \$50 non refundable)

PAYMENT METHODS

Cheque/money order payable to: The Thinking Body ABN 66 125 430 371

Post to: Julie Gunstone 45 Cypress Avenue Glen Waverley Vic 3150

Direct Debit

Commonwealth Bank BSB 063303 A/C 10064693

Account Name: The Thinking Body.

Please include your name in the reference

Email details of Direct Debit and registration information to Julie at - thinkingbody@optusnet.com.au

Brain Gym® is a registered trademark of Brain Gym International, Ventura California USA