

Movement Exploration Series

MELBOURNE March-April 2012



Presenter Carol Ann Erickson is an International Faculty member and Instructor for the Educational Kinesiology Foundation. Over the past twenty years, Carol Ann has successfully brought her 35 years of experience in movement and education into the various Brain Gym programs she teaches. She is a skilled and inspiring teacher.

She has organised her Movement Exploration work into an Educational Kinesiology certification track providing new insight and tools to enhance movement and learning performance.

There are 4 courses in the Movement Exploration track. Each course is 32 hours

The Movement Exploration courses take an in depth look at the developmental movement patterns and the early childhood reflexes that build them. We explore the development of movement from the core of the body and its contribution to our ease of academic learning.

Throughout the courses, we will build new observation and assessment skills for the understanding of learning challenges; practice new tools to support learning readiness; and support sensory processing.

Movement Exploration 1:

Integrating the reflexes that build the developmental movement patterns.

(Moro, Fear Paralysis, ATNR, STNR, Babkin, Spinal Galant reflexes etc) Learn developmental repatterning techniques, core stabilization repatterning, navel radiation, gait points, and more.

These basic developmental patterns are the blueprint of all our learning for areas that we experience challenges or success.

Pre-requisite: Brain Gym 101

Date: 24,25,31 March plus 1st April

Time: 9-5 daily

Fee: \$660/\$395 Repeat (includes GST) A \$100 non-refundable deposit will secure your place

Movement Exploration 2:

Core development, limb coordination, and sensory integration

An in depth exploration and experience of the developmental movement patterns with correlation to movement and behavior through life. Experience the patterns in all levels of perception & options of dynamics of the movement. Developmental repatterning techniques will be expanded & refined.

Pre-requisite: Brain Gym 101

Date: 4,5,7,8 April

Time: 9-5 daily

Fee: \$660/\$395 Repeat (inc GST) A \$100 non-refundable deposit will secure your place

Movement Exploration 3:

Moving into action

By integrating our movement abilities and emotions, we deepen our internal organization for daily life.

Here we explore and facilitate flexibility, agility, coordination, speed, endurance, balance, power, strength and balancing sensory information.

Learn expanded in depth techniques for advancing emotions, movement efficiency and ease.

Pre-requisites: Edu-K In Depth course and the Movement Exploration 1 or 2 course

Date: 11-14 April

Time: 9-5 daily

Fee: \$660 (inc GST) A \$100 non-refundable deposit will secure your place

Venue: Horrie Watson Hall, Whitehorse Rd, Balwyn

Contact: Julie Gunstone thinkingbody@optusnet.com.au or 03 8802 8089

Movement Exploration Series

PAY FOR ONE COURSE ONLY

\$660/\$395 Repeat

OR

TAKE ADVANTAGE OF THE FOLLOWING PACKAGE OFFERS

FIRST TIME ATTENDANCE:

PACKAGE 1: Movement Exploration (ME) 1 and 2 (normally \$1320) \$1250

PACKAGE 2: All 3 courses (normally \$1980) \$1895

INCLUDING REPEATS:

PACKAGE 3: Repeat either ME 1 or 2 and attend 1 or 2 for the first time (normally \$1055) \$1000

PACKAGE 4: Repeat ME 1 and 2 (\$790) \$ 750

PACKAGE 5: Repeat either ME 1 or 2 and attend 1 or 2 for the first time PLUS ME 3 (normally \$1715) \$1650

REGISTRATION FORM MOVEMENT EXPLORATION SERIES

PLEASE EMAIL/PHONE JULIE OF YOUR INTENTION TO ATTEND ANY OF THE COURSES ASAP

Please find enclosed a \$100 deposit or full payment of

Please book me place/s in the **MOVEMENT EXPLORATION** 1 2 3 course/s

Name:

Address:

..... Postcode

Phone: H W M

Email:

I completed Brain Gym 101 with on / /

I did Movement Exploration 1 or 2 on / / (please supply copy of attendance certificate/s)

I did Edu-K In Depth with (please supply copy of attendance certificate)

Total enclosed \$100 per course deposit will secure your place. \$50 per course non refundable)

PAYMENT METHODS

1. Cheque/money order payable to: The Thinking Body

Post to: Julie Gunstone 45 Cypress Avenue Glen Waverley Vic 3150

2. Direct Debit

Commonwealth Bank BSB 063151 A/C 10382763

Account Name: The Thinking Body.

Please include your name in the reference

Email details of Direct Debit and registration information: thinkingbody@optusnet.com.au

Note: Please let Julie know if you want to pay in instalments.

ACCOMMODATION

Contact Julie Gunstone for details